



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# DOES YOUR CHILD KNOW HOW TO FLOAT IN THE POOL?

Y Swim Basics for ages 5-12 years

The Y's progressive swim lessons will build your child's confidence, teach them basic swim skills and teach them to self-rescue if they are ever in need.

The Y's child-centered curriculum will help your child swim confidently at his or her own pace. All classes will focus on water safety, having fun while learning, building character and increasing self-confidence. We'll provide parents with helpful resources and weekly feedback to help them be active participants in their child's learning process.

Sign up today by contacting  
Aquatics Director, Pam Soja at

Learn more about our swim lessons at  
[ymcachicago.org/aquatics](http://ymcachicago.org/aquatics)